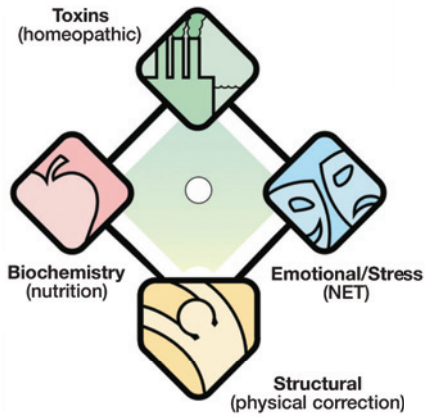


## Safe and Natural



NET Remedies are based on a proven combination of scientific research and more than 200 years of positive clinical case results. By acknowledging the relationship between the body's stress, environmental toxicity, nutritional balance and structural integrity, appreciative patients around the world enjoy better health and well-being.

### Remedies brochure citations:

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# Homeopathic Remedies

What do onions and hay fever have in common?

Have you ever sliced an onion and noticed that your eyes start to water and your nose starts to run? These symptoms are similar to those suffering from hay fever. If you give someone with hay fever a homeopathic preparation containing a minute amount of onion, his or her symptoms often clear up! Like cures like. That's the whole idea behind homeopathic remedies.



The symptoms you get from slicing an onion are similar to those of hay fever.

WHAT PATIENTS WANT TO KNOW ABOUT HOMEOPATHIC REMEDIES

Homeopathic remedies help activate your body's natural healing abilities. We have selected the most essential remedies that have consistently proven to be helpful in restoring optimal mind-body health.



*Homeopathy helps awaken the body and restore balance.*

Homeopathic remedies are so diluted that there's actually almost none of the original ingredients remaining. Only the 'memory' of their presence lingers in the solution you take.

NET Remedies formulas are prepared by starting with an ingredient that has been turned into liquid form. It is then diluted and shaken.

This diluting and shaking process is repeated many times, and the resulting fluid may contain less than 1 part per billion of the originally active substance! The formulas we use combine different potencies to better target your health problem.



It's best to spray the liquid under your tongue, keeping it in your mouth for 30 seconds before swallowing.



Knowing which homeopathic remedy to use is an art based on nearly 200 years of experience with millions of people.

If you've ever taken a large, hard-to-swallow pill, you may wonder how such a minute amount could make a difference in your body. But consider the hormone created by your thyroid gland.

Its concentration in your blood is around 1 part in 10 billion. Yet, that's enough to regulate the metabolism of your entire body!

We've identified the specific homeopathic remedies necessary to complement the stress-reduction work we do with NET, as well as support your body physically. These remedies help you heal and make desired changes more lasting.

By targeting the involved acupuncture meridian and stimulating energy pathways, the remedies gently 'wake up' your body. Naturally, they are non-habit forming and free of sugar, yeast and sodium.

NET Remedies are safe and effective for just about everyone. Plus, they are compatible with vitamins, supplements, herbs and even prescription medicines.



Some people find that hot, spicy foods produce feverish symptoms. Native Americans often treated fevers with chili peppers! A classic homeopathic approach.

### ■ How does a homeopathic remedy work?

Researchers believe homeopathy works on the unseen 'energy fields' that are the foundation of Eastern healing. Others believe there is a detoxing basis for the healing process that is invoked. All we know is that it does work.

### ■ How often should I take a remedy?

Usually, 9-12 sprays, three times a day for the length of time recommended by your practitioner. Generally, taking smaller doses more frequently is better than taking a larger dose less frequently.

### ■ Isn't this just the placebo effect?

Placebos invoke the power of the mind. If we believe a particular treatment will help us, it generally does. If homeopathy depended solely on believing, it wouldn't produce results with infants or animals for whom 'believing' is less of a factor.

### ■ How can such small amounts do anything?

There are plenty of examples in nature in which a little can do a lot. Pheromones, powerful secretions creatures use to attract one another, are equally small. A single molecule of moth pheromone can attract another moth from miles away!